

SHINCLIFFE C. of E. (CONTROLLED) PRIMARY SCHOOL

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Friday 1st May

Dear Parents,

I hope you continue to keep well during these difficult times.

Teachers have set various tasks for this week and DB Primary pages will again be updated today with resources for next week.

I draw your attention to the Reading and Science resources uploaded this week to support continued home learning. We are also delighted to be able to signpost parents to e-book resources to support home reading: <https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/> This link is also available via our DB primary class pages.

I also remind you of sources of support commissioned by the Department for Education:

BBC daily lessons: <https://www.bbc.co.uk/bitesize/dailylessons>

and

Oak Academy: <https://www.thenational.academy/online-classroom>

Both of these resources provide daily activities for pupils. The above links are available via the website and DB Primary.

If you are struggling to access online learning then please contact school and we will support you as we are able. We would like all of our children to be accessing the work provided.

I am acutely aware that this is a challenging time for us all. I draw your attention to the following resources to support mental wellbeing.

We're all spending more time at home and more time online. Remember that just because a story appears online doesn't mean it's true! False information can cause us to worry - use the SHARE checklist to make sure what you share is true
<https://sharechecklist.gov.uk/>

Social media is a great way to stay in touch with friends and family, but spending too much time on social media can cause us to get anxious – there are tools that we can use to help us reduce our screen time – find out more at <https://www.gov.uk/guidance/covid-19-staying-safe-online>

News is everywhere at the minute. If it's getting too much for you, take a break. Read a book or do a jigsaw and just let your mind focus on something else. Find out more at <http://www.durham.gov.uk/covid19mentalhealth>

Do you think you're spending too much time online? There's lots of things you can do to switch off, take a walk in the fresh air (following guidelines) or read a book in the garden. For more ideas visit <http://www.durham.gov.uk/covid19mentalhealth>

Remember that DB primary contains a wealth of resources to support children's wellbeing. These are accessible via the class pages. Further support for parents is available via our website.

Mrs Morgan has added a request this week for our French partner school which is available on the website.

The school email address: shincliffe@durhamlearning.net will continue to be monitored and can be used for any queries.

For updates, please continue to use the dedicated Coronavirus section of the School Website: <http://www.shincliffe.durham.sch.uk/parents/coronavirus-update/>

Stay safe and stay well.

Yours sincerely

Mr Tait